HOW CAN WE RECYCLE AND REDUCE WASTE IN CASTRO VALLEY?

Residential Curbside Services Guide
2014 - 2019
CASTRO VALLEY SANITARY DISTRICT (CVSan) is a local public agency committed to providing safe, efficient, and effective solid waste management. CVSan works on behalf of residents to plan and implement programs designed to meet state and local mandates for waste diversion through recycling, education, and practices.

Sending Less to the Landfill
CVSan residents have continued to divert materials from the landfill by practicing the 4Rs. In 2013, CVSan residents sent 6,653 tons to landfill; a 56% reduction from 14,874 tons in 2005. In 2014, Alameda County Waste Management Authority released data showing that CVSan residents had the highest amount of garbage in the garbage cart (78%), and the lowest amount of compostables (13%) and recyclables (9%) in the garbage across Alameda County! CVSan is developing a Zero Waste Strategic Plan in 2014 that will outline goals, strategies, and programs to help Castro Valley divert as much as possible from landfill. Join us on the path to Zero Waste!

Waste Management of Alameda County, Inc.
CVSan has a 10-year municipal solid waste collection agreement and 20-year disposal agreement with Waste Management of Alameda County, Inc. (WMAC) through April 30, 2019 and 2029, respectively. WMAC provides recycling, organics, garbage, and construction and demolition debris services.

FOR MORE INFORMATION CALL CASTRO VALLEY SANITARY DISTRICT AT 510-537-0757
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HOW DO I SEND LESS TO THE LANDFILL?

BY PRACTICING THE 4RS. If given the choice, the best option is to prevent or reduce the amount of waste that is generated in the first place. The next best option is to reuse items. Finally, if you can’t prevent using the item in the first place or if reuse is not an option, recycle or compost (rot) the item (depending on what it’s made of). Here are a few tips to help you practice the 4Rs - Reduce, Reuse, Recycle, and Rot.

REDUCE - TO CONSUME LESS AND MAKE LESS WASTE.

• **Buy in bulk.** Avoid small individual packages or products with excessive packaging.
• **Stop junk mail.** It’s good to recycle your junk mail. It’s even better to stop getting it. Visit www.stopjunkmail.org to download a Stop Junk Mail kit.
• **Purchase environmentally preferable products.** Environmentally preferable purchasing (EPP) means to purchase products that minimize toxics, pollution, and waste. Select products that are non-toxic, reusable, refillable, and more durable or repairable.
• **Purchase items that can be reused, recycled, or composted.** Avoid products that will end up in the landfill.
RECYCLE & ROT

- **Recycle** - to reprocess a resource to make something new.
- **Rot** - to make compost, a mixture of decomposed organic materials.

Please read on to learn more about practicing the last 2 Rs, recycle and rot. You might be surprised by how little really needs to be thrown away.
WHAT GOES IN MY BLUE RECYCLING CART?

- All plastics #1-7, lids are ok (except foam plastic)
- Scrap metal (up to 2 ft. & 40 lbs.)
- Aluminum foil products

THESE ITEMS DO

- Ceramic dishes & cups, glassware

Place extra flattened cardboard (up to 4’ x 4’), used motor oil & filters beside cart. Place household batteries in a sealed plastic bag on top of cart.
MATERIALS

Bundled plastic bags/wrap

Metal containers

Glass containers

Paper cartons

Clean paper

Cardboard

TIPS:
1. Buy recycled products.
Close the loop on recycling and buy products that are made with recycled materials. Items identified as containing “post-consumer” materials are made from the very things you tossed in your recycling cart! See page 18 for recycled product resources.

2. Place recyclables loosely in the recycling cart.
Should you need to bundle your recyclables, please use a paper bag. Do not use plastic bags (except for bundled plastic bags/wrap); bagged recyclables will not be able to be sorted at the Davis Street Transfer Station.

NOT BELONG IN THE BLUE CART:

Windows, mirrors, sheet glass

Foam plastic

Juice boxes/juice pouches
WHAT GOES IN MY GREEN ORGANICS CART?

Fruit, vegetables & leftovers

All meat, bones, dairy & egg shells

Food-soiled paper containers

Yard trimmings are now banned from Alameda County landfills. Please be sure to toss all yard trimmings in the green organics cart.
FOOD-SOILED PAPER PRODUCTS
- Waxed paper cartons & egg cartons
- Paper towels, plates, napkins & cups
- Shredded paper in paper bags
- Coffee grounds, filters & tea bags

YARD TRIMMINGS
- Leaves, grass & plant clippings;
  Branches & twigs
  Up to 6” in diameter, no longer than 4’
- Flowers, weeds & roots
- Uncoated wood & chips

FOOD SCRAP COLLECTION TIP:
Collect food scraps in milk and ice cream cartons. Place full cartons right into green organics cart.

COMPOST TIP:
Add compost to soil to improve moisture retention and nutrient supply. Purchase compost made from your food scraps and yard trimmings at the Davis Street Garden Center. See page 18 for contact information.

COOKING OIL TIP:
Do not pour grease down the drain or in the garbage. It is best to compost small amounts of cooking/fryer oil. Mix your cooking oil (about 1 cup) in with your yard trimmings.

NOT BELONG IN THE GREEN CART:
- Glass, metal, aluminum
- Rocks, dirt, concrete
- Treated or coated wood
- Cactus or palm
Have you claimed your $50? Go to www.cvsan.org/reduceyourwaste to reduce your garbage cart to a 20-gallon size. You can also increase your recycling and organics carts to a 64 or 96-gallon for free.
**NON-COMPOSTABLE, NON-HAZARDOUS ITEMS**

- Juice boxes & pouches
- Non-fluorescent light bulbs
- Hoses & wire
- Treated wood (painted & stained)
- Diapers/Sanitary products
- Glassware & ceramics
- Cat litter & pet feces

**TIP:** Think twice before you toss. Items placed in your brown garbage cart are not sorted. Instead, they travel on a one-way trip to the landfill. A glass bottle takes approximately 1 million years to degrade in a landfill.

**US WASTE ITEMS DO NOT BELONG IN THE BROWN CART:**

- Non-fluorescent light bulbs
- Batteries
- Paint cans
- Used motor oil & filters
- Electronics
WHAT SHOULD I DO WITH BULKY ITEMS?

CALL WASTE MANAGEMENT OF ALAMEDA COUNTY AT 510-537-5500 TO SCHEDULE A FREE* BULKY GOODS PICK-UP.

*SINGLE FAMILY RESIDENCES (4 UNITS OR LESS) IN CVSAN ARE ELIGIBLE FOR 1 FREE PICK-UP PER CALENDAR YEAR.

BULKY GOODS PICK-UP

1. Visit StopWaste.Org/recycle to find ideas on how to best reuse or recycle bulky items.

2. To discard items that are not reusable or recyclable, call WMAC to schedule a pick-up. Appointments are not available the two weeks in January of each year when Holiday Tree Collection is in affect. Requests made at the end of the calendar year may not be fulfilled within the calendar year, so schedule appointments in advance.

3. Residents are limited to 7 cubic yards (such as 3’ x 3’ x 21’) per set-out. You will be charged for excess materials.

4. Place items within 3 feet of the curb by 6:00 a.m. on the scheduled pick-up day. Do not set items out more than 24 hours in advance. Do not block the street or sidewalk.

DO NOT INCLUDE:

Sharps (syringes & needles)

See page 13 for hazardous waste disposal.
Every best effort will be made to recycle these items:

- Up to 4 car or light truck tires (rims must be separated from the tires)
- Household furniture items
- Appliances, TVs & electronics
- Scrap metal
- Used motor oil & filters
- Construction or demolition debris
- Concrete, rocks, brick, dirt
- Hazardous waste

Yard trimmings will be composted:

- Yard trimmings & wood (up to 6” in diameter tied in bundles not longer than 4’)

Non-recyclable and non-compostable items will be sent to the landfill:

- Bag, box, bundle, or contain trash
- No items over 75 pounds (except for furniture and appliances).
WHAT SHOULD I DO WITH ITEMS BANNED FROM THE TRASH?

MANY COMMON HOUSEHOLD PRODUCTS CONTAIN HAZARDOUS MATERIALS AND ARE NOT SAFE TO DISPOSE OF IN A LANDFILL.

SEE RIGHT FOR MORE INFORMATION ABOUT HOW TO PROPERLY DISPOSE OF COMMON HOUSEHOLD HAZARDOUS WASTE ITEMS.

AT THE CURB:

**Household (dry-cell) batteries:** Place household batteries (AAA, AA, B, C, D, 9V and small “button” batteries) in a sealed heavy duty plastic bag on top of your blue recycling cart. Liquid batteries such as automobile batteries are not accepted.

**Automotive fluids and motor oil filters:** Call WMAC to request a free used motor oil jug and filter bag. Set out up to 3 jugs and 3 filters curbside for pick-up on your regular collection day. The following fluids are accepted; ok to combine in jugs:

**YES:** Crankcase fluid, differential fluid, hydraulic fluid, lubricant oil, motor oil, and transmission fluid.

**NO:** Anti-freeze, brake fluid or cooking oil.

**Electronics:** Electronics may be included in your annual Bulky Goods Pick-Up. Please see page 11 for more information.

FREE USED MOTOR OIL JUGS AND FILTER BAGS MAY BE REQUESTED BY CALLING WMAC AT 510-537-5500
AT A HOUSEHOLD HAZARDOUS WASTE FACILITY:

For facility locations and schedules, call 800-606-6606 or visit www.household-hazwaste.org.

- Paint, stain, varnish, thinner, and adhesives
- Automotive products such as old fuel, anti-freeze, brake fluid, motor oil, and oil filters
- Household batteries and fluorescent light bulbs and lamps
- Garden products including pesticides and fertilizers
- Propane tanks and fire extinguishers
- Thermostats, thermometers and other items containing mercury
- Expired prescription and non-prescription medications (no controlled substances)
- Home-generated “sharps” (syringes, needles, etc.) in approved containers*

Pharmaceutical Waste Drop-Off Available Free at Eden Medical Center.
Visit www.cvsan.org/pharms for disposal procedures and more information

* Sharps may also be disposed of via mail-back programs. Postage pre-paid “sharps” shipping containers may be purchased at pharmacies such as CVS Pharmacy, RiteAid, and Walgreens. CVSan residents may participate in Waste Management’s Sharps Disposal by Mail Discount Program (ID required). Visit www.wm.com/enterprise/healthcare/in-the-home-solutions.jsp for more information.
Conventional building, remodeling and gardening practices use a lot of natural resources and create a lot of waste. Please read on to learn more about how to “go green” for your next home improvement or gardening project.

Every year, over 300,000 tons of construction and demolition materials are landfilled in Alameda County. CVSan recognizes Section 470 “Construction and Demolition Debris Management” which was added to the Alameda County Municipal Code Chapter 1508, Building Code. Covered projects include any project requiring a demolition permit; a residential work area of more than 1,000 square feet; or a non-residential work area of more than 3,000 square feet. Covered projects are required to recycle or reuse at least 50% of the C&D waste generated.

Compliance is easy: For details visit www.cvsan.org/CandD or call CVSan. Note that WMAC must be used for all drop box services in Castro Valley. Call them at 510-613-8700 to make arrangements.
GREEN BUILDING

Green Building means taking steps to create buildings that are safe and healthy for people and protect our environment. In addition, green buildings are usually far less costly to maintain than conventional buildings.

- Be mindful about using limited resources such as wood and water so that you limit waste & pollution.
- Build and remodel with energy efficiency in mind.
- Prevent indoor pollution from formaldehyde, mold and other contaminants.
- Visit www.builditgreen.org for more green building tips and guidelines.

BAY-FRIENDLY GARDENING

Bay-Friendly Gardening mimics natural systems, which recycle everything—water, debris, and nutrients—endlessly. It pays attention to local climate conditions and uses plants that are adapted to those conditions. It conserves resources and reduces waste.

The Bay-Friendly Gardening program provides free and low cost resources to help you create a sustainable garden.
- Bay-Friendly Gardening Guide
- How-to workshop series
- Annual spring garden tour
- Nursery partners
- Discount compost bins

Visit www.BayFriendly.org or call 510-444-SOIL (7645) to access these Bay-Friendly Gardening resources or to order a low-cost compost bin.

TIP: Compliment your home composting program by composting items such as food-soiled paper, meat, and bones in your green organics cart.
What Should My Set-Out Look Like?

- The 3 carts will be serviced by 3 different collection vehicles.
- To request up to a 96-gallon recycling and/or organics cart at no additional charge, call WMAC.
- For occasional extras, 30-gallon Paper Garden Bags for yard trimmings and 32-gallon Bag-Its for garbage may be purchased from CVSan. Visit www.cvsan.org for the cost.
- No service will be provided on the following holidays: Thanksgiving Day, Christmas Day, and New Year’s Day. Services will be 1 day later than usual (through Saturday).
- If you have physical difficulty taking your carts out to the curb, call WMAC to request a street curbside exemption form. You will need to submit a doctor’s letter or certificate from the Department of Motor Vehicles.
- To request an exemption from garbage service, call WMAC. Recycling and organics service is mandatory.
IMPORTANT PHONE NUMBERS & WEBSITES

CASTRO VALLEY SANITARY DISTRICT
510-537-0757: M-F 7:00 a.m.-4:00 p.m.
510-506-5821: sewer emergencies after hours
www.cvsan.org

WASTE MANAGEMENT OF ALAMEDA COUNTY
510-537-5500 / www.wm.com

Like Castro Valley Sanitary District on:
Follow @CVSan on:

STOPWASTE

ALAMEDA COUNTY PUBLIC WORKS AGENCY
510-670-5500 / www.acgov.org

BAY-FRIENDLY GARDENING & COMPOST BINS
510-444-SOIL / www.BayFriendly.org

BEVERAGE CONTAINER RECYCLING
800-RECYCLE / www.bottlesandcans.com

BRING YOUR OWN BAG
www.igotmybag.org

DAVIS STREET GARDEN CENTER
510-639-7342 / www.dsgardencenter.com

FREECYCLE
www.freecycle.org

HOUSEHOLD HAZARDOUS WASTE
800-606-6606 / www.household-hazwaste.org

RECYCLED PRODUCT LISTINGS
www.calrecycle.ca.gov/RCP

STOP JUNK MAIL
www.stopjunkmail.org