

How to Dispose of Fats, Oils, and Grease (FOG)

Dispose of FOG in your green organics cart



Fats, Oils, and Grease (FOG) is used to prepare food and produced during food preparation. Please do not pour FOG down the drain. FOG builds up in sewer pipes and can clog sewer lines, leading to sanitary sewer overflows.

Collect small amounts of FOG in a compostable container (paper milk or ice cream carton) and dispose of FOG in your green organics cart. Or use a small reusable container to capture FOG. It's best to pour FOG on top of leaves, grass clippings, or other yard trimmings. Thank you for keeping Castro Valley sewers clean!

Visit www.cvsan.org/howtodisposeoffog for more information

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